# Irving Recreation Center Summer Day Camp Grades 5-7

#### Let's Get Outside!

Irving Recreation Center's Summer Day Camp has begun! Campers and parents get ready for a fun-filled summer featuring outdoor activities, arts and crafts, field trips, community service, lifetime sports and so much more!

## This Week's Highlights

#### Monday

No Day Camp – See you tomorrow!

#### Tuesday

Tuesday is our field trip day so make sure campers have their *green field trip shirt* on that day! We're headed to Holmes Lake for some outdoor adventure time as we fish, play outside, and have a fun picnic lunch. We leave at 12:00 p.m. and will return around 3:20 p.m. Question of the day: How many fish did you catch?

#### Wednesday

Wednesday will be our arts and crafts day! Today get ready to be creative because we will be making our very own Grassy Gerties and Garys, funny faced mini lawns. Before we grow our new green friends we'll be performing some yoga activities, our lifetime sport for the summer! Question of the day: How does yoga help you de-stress?

#### Thursday

Are you ready to be the next Robin Hood, Green Arrow, Merida, or Katniss Everdeen? On Thursday you might think you are, because we'll be working on a camper favorite activity, archery. Question of the day: How do you prepare to shoot an arrow?

#### Friday

Irving Recreation Center 5-7 Day Camp will be participating in the Summer Reading Program so bring your library cards if you have them. We'll walk to the South Branch Library and stay from 10:20 a.m. to 11:00 a.m. Today is also our swimming day so bring your swimsuits, sunscreen, and a towel! Question of the day: What do you like most about your new book?

### WANTED: Questions and Suggestions!

Thanks again for choosing Irving Recreation Center this summer. Please do not hesitate to ask if you ever have questions about your child's daily activities and care. We also hope you will let us know when you have suggestions for ways we might improve your family's experience. I can be reached personally at 402-441-7954 or dpayzant@lincoln.ne.gov. -Dan



# Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwave s are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

Contact Us

